



Board of County Commissioners
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FOR IMMEDIATE RELEASE

“2015 First Coast Healthiest Companies” Silver Award presented to the Camden County Board of Commissioners

WOODBINE, GEORGIA – April 27, 2015 – The Camden County Board of Commissioners will be recognized at the 7th Annual First Coast Worksite Wellness Conference on May 13, 2015 at the University of North Florida’s University Center as the 2015 First Coast Healthiest Companies *Silver Level Award* winner.

The First Coast Worksite Wellness Council (FCWWC) awards and recognizes the 2015 Healthiest Companies to those organizations that are making noteworthy strides in improving the well-being and productivity of their employees. Awards are based on efforts and best practices used in creating a health and wellness corporate culture formed on wellness initiatives and goals. These initiatives include senior level support, communication and engagement, company policies, know your numbers, healthy behaviors, safety, physical activity, nutrition/weight management, culture and prevention, and outcome measurements.



Established in 2008, the FCWWC is a community workgroup lead by a partnership between the Florida Department of Health in Duval County and the City of Jacksonville Mayor’s Council on Fitness and Wellbeing. This workgroup was charged with impacting community health through the business community and creating a platform for local businesses to be recognized for excellence in their worksite wellness.

With effective management of employee health and wellness programs, corporations have successfully slowed the rise in their health care costs. By working with resources such as

“Leadership that Listens”

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medical plan carriers, insurance providers, brokers, community partners, etc., corporations continue to implement programs which demonstrate that employees are maintaining and improving their health and wellbeing. These impacts result in bottom line savings for many companies. Camden County Human Resources Director Katie Howard said, "This kind of recognition re-affirms to us that we are on the correct pathway in the journey to a total culture shift in how we approach wellness. Camden County could not be more proud to be the recipient of this Silver Level Award for worksite wellness."

The Camden County Wellness Program seeks to empower employees to improve overall health by achieving and maintaining the most current American Heart Association target ranges, partnering with employees in nicotine cessation, encouraging employees in health promotion through preventative screenings, and achieving overall reduction in health plan costs by educating and supporting employees to institute healthy lifestyle changes.

For additional information, please contact Camden County at 912.576.5601 or visit our website at www.camdencountyga.gov.

About Camden County: Located in the extreme southeast corner of Georgia, Camden County truly is "Georgia's Coastal Community of Choice." Originally formed in 1777, Camden County is best known for its rich history, natural scenic beauty and Southern hospitality. Our mission is to deliver defined county services with exceptional customer service and in a financially sustainable and transparent manner.

Find us on:



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